

Wednesday 8 September 2021

Dear Parents and Carers,

**Year 4 Roman Day – Tuesday 19<sup>th</sup> October 2021**

To complement and end our study of the Romans, we have invited History Off the Page to the school to provide a Life in Roman Britain Day. This will take place on Tuesday 19<sup>th</sup> October 2021.

The workshop, which will take place in the school hall during normal school hours, will give us a feeling of what it was like to be in a Roman Fort in Britain. On the day, your child will experience life as it would have been during the 1st century AD during the Roman occupation of Britain. The children will learn about the issues of the time, with the opportunity to participate in a range of cross-curricular activities and crafts. The children may keep the items they make.

A simple costume will help your child feel part of the day. Please see the attached for some ideas.

Kind Regards

Mrs Gregory – Pumas

Ms Haslam – Lions

***The Corby Primary Academy is part of the Greenwood Dale Foundation Trust Group of Academies***

# Get ready to be a Roman Citizen with History Off the Page!

Very soon History Off the Page will visit your school for a Life in Roman Britain Day. To help you feel like a Roman, there are two things you can do to get ready:

## 1. Choose a Name

You could pick a Roman name for yourself, here is a short lists of examples:

**Girls' names:** Aeliana, Antonia, Augusta, Aurelia, Camilla, Cassia, Cecilia, Decima, Drusilla, Flavia, Florentina, Junia, Laelia, Laurentia, Livia, Marilla, Octavia, Priscilla, Sabina, Tanaquil, Tatiana, Tullia, Valentina, Vita

**Boys' names:** Ambrosius, Atticus, Augustus, Aurelius, Brutus, Caius, Cassius, Claudius, Darius, Felix, Flavius, Gaius, Julius, Justus, Lucius, Marcus, Maximus, Octavius, Pontius, Quintus, Remus, Septimus, Severus, Silvanus, Tiberius, Titus, Traian, Vitus.

## 2. Assemble a Costume

Looking like a Roman will help you feel like a Roman. Costumes do not have to be fancy – you can do a lot with a large white T-shirt! It is easy to think of Roman costumes just in terms of togas, but there are a wide variety of styles. Here are some ideas:

**Tunic:** This can be a simple white dress for girls or a large white T-shirt for boys and girls. You can make one from an old sheet: fold it over, cut a hole in top for your head and if you have time stitch up the sides. You can wear this with a belt, cord or sash around the waist.

**Chiton:** You can, if you wish, add a chiton. This is a simple rectangle of coloured fabric (not too bright) with a central hole for the head, held in place with the belt, cord or sash.

**Sandals:** Simple leather sandals are good, but any sensible footwear will do.

**Mantle:** if you have time you could add a cloak fixed at the shoulders for boys or a shawl draped over one shoulder for girls.

***Please do not come dressed as a specific person.***



Need costume help? You can see examples of simple costumes or order from our costume shop:  
[www.historyoffthepeg.co.uk](http://www.historyoffthepeg.co.uk)