

Greenwood Academies Trust Corby Primary Menu

Monday Week 1	Tuesday Week 1	Wednesday Week 1	Thursday Week 1	Friday Week 1
Main Meal Choice				
Mild Chicken Curry ½ Steamed Rice and ½ Naan Bread	Minced Beef in Homemade Bolognese Sauce With Pasta Garlic Bread Mixed Salad	Pork Sausage Roast Potatoes Mixed Vegetables Gravy	Chicken in Whole-wheat Pasta With Tomato & Pesto Sauce Crusty Bread Mixed Salad	Salmon Fingers Oven Baked Diced Potatoes Garden Peas or Mixed Salad
Vegetarian Choice				
(V) Mild Vegetable Curry ½ Steamed Rice and ½ Naan Bread	(V) Roasted Vegetables in Homemade Tomato Bolognese Sauce With Pasta Garlic Bread Mixed Salad	(V) Quorn Sausage Roast Potatoes Mixed Vegetables Gravy	(V) Whole- wheat Pasta with Tomato & Pesto Sauce Crusty Bread Mixed Salad	(V) Cheese & Onion Quiche Oven Baked Diced Potatoes Garden Peas Mixed Salad
Jacket Potatoes are served with either a mixed salad or a selection of daily vegetables.				
(V) Jacket Potato with Baked Beans	(V) Jacket Potato with Cheese	(V) Jacket Potato with Tuna Mayonnaise	(V) Jacket Potato with Cheese	(V) Jacket Potato with Baked Beans



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Sandwich Selection				
A selection of sandwiches with various fillings is available daily.				
Ham Sandwich	Tuna Mayo Sandwich	Roast Chicken Sandwich	Ham Sandwich	Cheese (Grated) Sandwich
Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice
Chocolate Sponge and Cream	Apple Flapjack	Lemon Drizzle Cake	Gingerbread Shape	(V) Strawberry Jelly
A selection of Yoghurt, Fresh Fruit and Bread is available daily.				
Greenwood Academies Trust understands that there are different types of vegetarian diet. Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet. All menu items are subject to availability.				

