

## **PSHE** – Long Term Plan

PSHE	<u>Term 1</u>	<u>Term 2</u>	<u>Term 3</u>	<u>Term 4</u>	<u>Term 5</u>	<u>Term 6</u>
Key Events	Emergency Services Day Anti-litter Week Bike to School Week Black History Month (Oct)	Armistice Day Anti-bullying Week Road Safety Week Children in Need	LGBT+ History Month (Feb) Time to Talk Day Children's Mental Health Week Safer Internet Day	Women's History Month (Mar) Careers Week World Down Syndrome Day	Earth Day Red Nose Day	School Diversity Week World Refugee Day RSE Day
EYFS	Zones of regulation Building relationships	Self-regulation	Managing self	Building relationships	Self-regulation	Managing self
Y1	Zones of Regulation	KSS Road safety KSH Washing hands	<u>BR</u> Water spillage <u>FAE</u> Jealousy	<u>CS</u> Online bullying <u>REL</u> Friendship	<u>OW</u> Growing in our world <u>HW</u> Is it safe to eat or drink?	<u>FS</u> Hoax calling
Y2	Zones of Regulation	<u>KSS</u> Tying shoelaces <u>KSH</u> Healthy eating Brushing teeth	<u>BR</u> Practice makes perfect Helping someone in need <u>FAE</u> Worry Anger	<u>CS</u> Image sharing Computer safety documentary <u>REL</u> Bullying Body language	<u>OW</u> Living in our world Working in our world	<u>FS</u> Petty Arson Texting while driving
Y3	Zones of Regulation	<u>KSS</u> Staying safe Leaning out of windows <u>KSH</u> Medicine	BR Stealing <u>FAE</u> Grief	<u>CS</u> Making friends online	<u>OW</u> Looking after our world <u>HW</u> Is it safe to play with?	<u>FS</u> Enya and Deedee visit the fire station <u>GAC</u> Touch
Y4	Zones of Regulation	KSS Cycle safety KSH Healthy living	<u>BR</u> Coming home on time <u>FAE</u> Jealousy	<u>CS</u> Online bullying	<u>TWW</u> Chores at home <u>AWWJ</u> Breaking down barriers	<u>FA</u> First aid Year 4 <u>GAC</u> Appropriate touch (relationships)
Y5	Zones of Regulation	KSS Peer pressure Adults' and children's views KSH Smoking Adults' and children's views	Saxons <u>BR</u> Looking out for others Adults' and children's views <u>FAE</u> Anger Adults' and children's views	<u>CS</u> Image sharing Adults' and children's views	TWW Enterprise Adults' and children's views <u>AWWJ</u> Inclusion and acceptance Adult's and children's views	FA First aid Year 5 GAC Puberty Adult's and children's views *School nurse visit
Y6	Zones of Regulation	<u>KSS</u> Water safety <u>KSH</u> Alcohol	<u>BR</u> Stealing <u>FAE</u> Worry	<u>CS</u> Making Friends online <u>TWW</u> In app purchases	<u>AWWJ</u> British values	FA First aid Year 6 <u>GAC</u> Conception *School nurse visit